# Professional Counselling & Psychotherapy Services

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# **New Patient/Client Induction Form**

PLEASE READ VERY CAREFULLY, BEFORE INITIALLING EACH BOX, AND SIGNING/DATING AT THE END.

### Welcome

Analysis WA – Professional Counselling & Psychotherapy Services endeavours to provide an amalgam of professionalism, absolute confidentiality, expertise, and sensitivity. This creates an environment that is both comfortable and secure for the individual, and therefore conducive to the exploration of any/all issues.

### **Patient/Client Confidentiality**

The maintenance of total privacy is an integral facet of any consultation; as such, the clinician's duty to respect patient/client confidentiality is absolutely paramount. The only exception to the rule however, would be a public health issue; where "the clinician believes the behaviour of the patient/client puts others at risk; or he/she has explicitly indicated an intention to harm someone". With this in mind most General Medicine & Mental Health regulatory bodies are in concordance, and have issued the following recommendation:

"Although every Clinician has an ethical obligation to preserve the confidences of their patients, there are circumstances under which confidentiality may be breached, such as danger to self and others, child abuse, etc."

Analysis WA – Professional Counselling & Psychotherapy Services, consider patient/client confidentiality to be sacrosanct. With that in mind, the practice's policy is the unqualified adherence to the above guidelines; nevertheless, should it ever be thought necessary to breach the patient/client confidentiality bond, this will be discussed at length with him/her before so doing.



## **Cancellation Policy**

In order to be effective, therapy needs to take place on a regular basis; with best results occurring when appointments are consistently scheduled and regularly attended. Put differently, missed appointments jeopardise treatment continuity, and inevitably slow the healing work.

# **Cancellation Policy (Cont'd)**

These considerations, and the requirement for consistency in appointment scheduling, are the reasons for our cancellation policy:
Appointments cancelled with less than two clear working days' notice, will be charged a cancellation fee at the price of the therapy hour. This policy is representative of the industry standard within the Counselling/Psychotherapy profession.
Supervision
Best therapeutic practice dictates that all Psychotherapists (irrespective of qualification level and extent of experience) have regular supervision to monitor their practice. Analysis WA's clinicians undertake regular supervision with experienced colleagues external to the practice, where they discuss certain cases, their outcomes & chosen therapeutic modalities. Patient/Client names and/or identifying details are <u>never</u> revealed.
Appointment Timing
This practice strives at all costs to preserve the anonymity and privacy of its clientele. To this end, I would ask that all Patients/Clients endeavour to arrive as close as possible to their allotted appointment start-time (please no earlier). If everybody adheres to this, there should be no potentially embarrassing, or confidentiality-breaching, overlap between clientele. Perth is a very small place; thus, I welcome and gratefully appreciate everyone's best efforts in helping to achieve this important common goal. Thank you.
Declaration/Consent
Having read the above; I understand and accept the guidelines and policies of Analysis WA – Professional Counselling & Psychotherapy Services, contained within this agreement. I hereby consent to the above stated conditions.
Full Name (Please Print)

Signature \_\_\_\_\_ Date \_\_\_\_\_